

**Active Life & Sports**  
**Patient Information Form**  
**Please Print**

Patient Name: \_\_\_\_\_ E-mail: \_\_\_\_\_

Address/City/State: \_\_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_ Sex: \_\_\_\_\_ Marital Status \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Patient's Social Security #: \_\_\_\_\_

Employer: \_\_\_\_\_ Employer Phone: \_\_\_\_\_

**INSURANCE #1:** \_\_\_\_\_

Insured Name: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Policy is Through: \_\_\_\_\_  
(Employer or Self)

**INSURANCE #2:** \_\_\_\_\_

Insured Name : \_\_\_\_\_ Relationship to Patient \_\_\_\_\_

Date of Birth \_\_\_\_\_ Policy is Through: \_\_\_\_\_  
(Employer or Self)

**Referring Physician Name:** \_\_\_\_\_

**Primary Care Physician Name:** \_\_\_\_\_

**Emergency Contact Name:** \_\_\_\_\_ Phone: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_

**INJURY/DIAGNOSIS:** \_\_\_\_\_

**Are your injuries the result of an auto accident? Yes or No**      **If yes, when did the accident occur?**  
**Date** \_\_\_\_\_ **What state did the accident occur?** \_\_\_\_\_

**Are your injuries work related? Yes or No**      **If yes, when did your injuries occur?** \_\_\_\_\_

**If not auto or work related when did your injury/surgery occur?** \_\_\_\_\_

I agree to receive or give permission for myself, or the above-named minor, to receive Physical Therapy services appropriate for this condition. I authorize the release of any information necessary for care and to process insurance claims. I authorize direct payments to be made to **Active Life & Sports Physical Therapy** for physical therapy services and I understand that I am responsible for any amount not covered by my insurance company. I have read and understand the Active Life & Sports Physical Therapy privacy policy.

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

Active Life & Sports PT  
Michael D. Wah, PT, OCS

4337 Ebenezer Road  
Nottingham, MD 21236

Phone 410-529-3303  
Fax 410-529-7980

## Active Life & Sports PT Intake Form

Name:		Date of Birth:		Age:
Gender: M <input type="checkbox"/> F <input type="checkbox"/>	Height:	Wt:	Occupation:	
What is your usual activity/exercise routine?			# Days/week:	minutes/day:
When was the last time you saw your primary care doctor?				

### Past and Current Medical Conditions

In the section below, please check the box and <u>circle</u> any disorders that you currently have or that you've had in the past.			
<input type="checkbox"/>	<b>Neurological</b> - MS, stroke or TIA, spinal cord injury, neuropathy, dementia/Alzheimer's, seizures	<input type="checkbox"/>	<b>Hormonal</b> - Diabetes; If yes, how long? _____ ; Recent A1C _____. Thyroid disorder, osteoporosis
<input type="checkbox"/>	<b>Heart and Circulation</b> - High/low blood pressure, heart attack/angina, poor circulation, high cholesterol, arrhythmia, congestive heart failure., syncope, drop attack	<input type="checkbox"/>	<b>Genital and Urinary</b> - Prostate, gynecological conditions. Urinary retention, frequency, loss of control of bowel or bladder, impotence
<input type="checkbox"/>	<b>Digestive</b> - Hepatitis/Cirrhosis, irritable bowel, reflux, ulcer/G.I. bleeding, kidney disease., heartburn or indigestion, food intolerances	<input type="checkbox"/>	<b>Blood</b> - Anemia, sickle cell disease, blood clot, Immune suppression HIV/AIDS, bleeding disorder
<input type="checkbox"/>	<b>Breathing</b> - COPD/emphysema, tuberculosis, asthma, sleep apnea	<input type="checkbox"/>	<b>Cancer</b> (please describe, including surgeries)
<input type="checkbox"/>	<b>Substance usage</b> - caffeine, alcohol, tobacco, recreational drugs	<input type="checkbox"/>	<b>Arthritis</b> - Lupus, rheumatoid arthritis, osteoarthritis
<input type="checkbox"/>	<b>Surgical history(use a separate sheet if Necessary)</b> <input type="checkbox"/> Implanted Electronic Device	<input type="checkbox"/>	<b>Other Surgeries or Conditions:</b>

### Current Health

In the past three months, have you had or do you experience:			
<input type="checkbox"/>	Fatigue or Malaise	<input type="checkbox"/>	Numbness, Tingling or genital area numbness
<input type="checkbox"/>	Fever/Chills/Sweats/Infection	<input type="checkbox"/>	Bowel or Bladder Problems
<input type="checkbox"/>	Nausea and/or vomiting	<input type="checkbox"/>	Problems with cognition/thinking
<input type="checkbox"/>	Swelling in your arms or legs	<input type="checkbox"/>	Dizziness/Lightheadedness
<input type="checkbox"/>	Unexplained weight change	<input type="checkbox"/>	Reduction in balance, coordination and/or walking
<input type="checkbox"/>	Extremity weakness	<input type="checkbox"/>	Loss of consciousness, syncope, drop attacks
<input type="checkbox"/>	Shortness of breath or difficulty breathing	<input type="checkbox"/>	Difficulty swallowing or speaking
<input type="checkbox"/>	Change of appetite	<input type="checkbox"/>	Frequent coughing
<input type="checkbox"/>	Chest pain/ Irregular heart rate/Palpitations	<input type="checkbox"/>	Falls – How many in the past year?

Do you have difficulty hearing in noisy environments, such as a restaurant or party?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Do family members or friends think you have difficulty hearing?	<input type="checkbox"/> Yes <input type="checkbox"/> No
During the past month have you often been bothered by feeling down, depressed or hopeless?	<input type="checkbox"/> Yes <input type="checkbox"/> No
During the past month have you often been bothered by little interest or pleasure in doing things?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Is this something with which you would like help? <input type="checkbox"/> Yes, today <input type="checkbox"/> Yes, but not today	<input type="checkbox"/> No

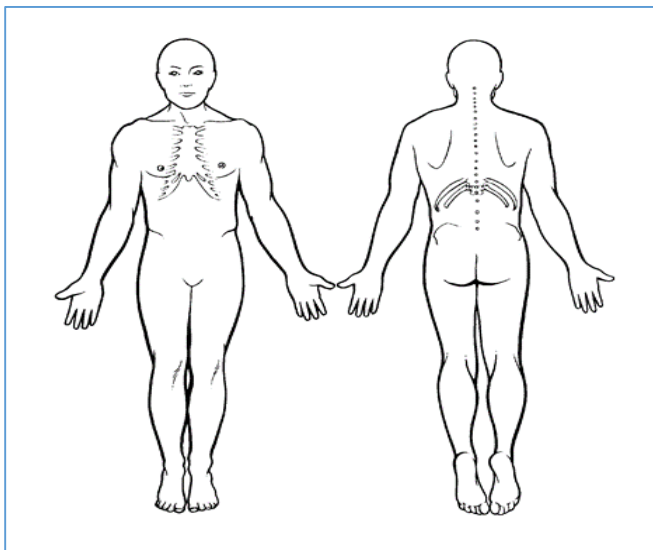
What other providers do you treat with?  Chiropractor  ENT  Orthopedist  Neurosurgeon  
 Psychologist/Psychiatrist  Pain Management  Other

**Please list your medications, with dosages:**

Do you take blood thinners?  Yes  No

Have you ever taken steroids for an extended period of time (more than three months)?  Yes  No

**Pain Diagram**



Please mark on the chart above, the areas where you feel pain.

**Please list any diagnostic tests regarding your current problem (MRI, X-ray, VNG/ENG etc.)**

What is your primary reason for coming to PT?

What date (approx) did your symptoms start?

What do you think caused your symptoms?

Are your symptoms: (check one)  
 worsening,  staying the same,  improving

Patient Signature \_\_\_\_\_  
 Date \_\_\_\_\_

Symptom Average for the last 48 hours:

No Pain	0	1	2	3	4	5	6	7	8	9	10	Worst Imaginable Pain
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Worst for the last 48 hours:

No Pain	0	1	2	3	4	5	6	7	8	9	10	Worst Imaginable Pain
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Best for the last 48 hours:

No Pain	0	1	2	3	4	5	6	7	8	9	10	Worst Imaginable Pain
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**Therapist Use**

Functional Instrument \_\_\_\_\_ Vitals HR \_\_\_\_\_ BP \_\_\_\_\_ SpO2 \_\_\_\_\_ %  
 Score \_\_\_\_\_  
 Functional Instrument \_\_\_\_\_  
 Score \_\_\_\_\_  
 Reviewing Therapist \_\_\_\_\_ Date \_\_\_\_\_

**Screening Tests/Questions or referral required:**  
 Neurological    Cardiovascular    Respiratory  
 Musckel Fx    Blood disorders    G.I.  
 Urinary/Genital    Arthritis    Endocrine  
 Mood

## PAYMENT POLICY AND PROCEDURES

\*\*\*\*\*There will be a \$20.00 charge for any returned checks\*\*\*\*\*

### INSURANCE INFORMATION

As a courtesy to our patients, we will verify and file your insurance claim; however, we cannot guarantee payment. We strongly suggest that you read your policy manual as it pertains to physical therapy coverage. Many insurance companies have stipulations, such as usual and customary fees (UCR), limited therapy sessions, limit reimbursable amounts per session, deductibles, co-payments, limits on supplies, etc. Such stipulations should be indicated in your policy manual.

**YOU ARE RESPONSIBLE FOR AMOUNTS NOT COVERED BY YOUR INSURANCE.**  
We have an agreement with YOU, not your insurance company, for receipt of payment. Please be aware of this and plan to make payments accordingly.

Workers compensation benefits will be verified; however, this does not guarantee payment. In the event of denial, this account will become **YOUR RESPONSIBILITY**.

### CONSENT TO TREATMENT

I understand that I have been referred for rehabilitative treatment and care to **Active Life and Sports Physical Therapy**. **Active Life and Sports Physical Therapy** has described for me my individual treatment plan. I understand that I have the right to ask and have any questions answered prior to receiving any treatment, including any risks or alternative treatment plan that has been prescribed by my physician and or recommended by my therapist. By signing this agreement, I consent to have **Active Life and Sports Physical Therapy** provide treatment and care as prescribed by my physician and/or recommended by my therapist.

### ASSIGNMENT OF PAYMENT

I understand, fully, the payment and billing procedures of **Active Life and Sports Physical Therapy**. I hereby authorize **Active Life and Sports Physical Therapy** to furnish my insurance company(s), attorney, or legal representative all information that said parties may request concerning my present illness or injury. I hereby assign **Active Life and Sports Physical Therapy** all money to which I am entitled for medical expenses related to the services reported here, but not to exceed my indebtedness to **Active Life and Sports Physical Therapy**. It is understood that any money received from the above named parties over and above my indebtedness will be refunded to me when my bill is paid in full. I understand that I am financially responsible to **Active Life and Sports Physical Therapy** for charges not covered by my insurance company. I agree to pay interest at the rate of 1.5% per month on any unpaid balance owed on my account, and further agree to pay attorney fees equal to 30% of the total amount due, should my account be referred to an attorney for collection. I certify by my signature that I have read and agree to this information.

Please mail all payments to: **ACTIVE LIFE AND SPORTS PHYSICAL THERAPY**  
4337 Ebenezer Road  
Perry Hall, Maryland 21236

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Printed Name: \_\_\_\_\_ Relationship to patient: \_\_\_\_\_



**CANCELLATION/NO SHOW POLICY AGREEMENT**

**PATIENT NAME:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

It is our desire at **Active Life and Sports Physical Therapy** to provide each patient with the highest quality of services in the most expeditious manner. Therefore, we provide a reserved time slot for each patient so that there is minimal waiting and each person receives individual attention.

In order for us to continue with this service, we ask that you **call at least 24 hours in advance** if you are unable to keep your scheduled appointment. Missed appointments without notification will result in a **\$40.00** no show charge. **Furthermore, additional visits that you have scheduled will be automatically canceled.**

Additionally, three (3) missed appointments during the course of your treatment will require us to discharge you from physical therapy and inform your physician, case manager, and/or insurance carrier of our discharge status. We understand that personal schedules can be hectic, but in order to accommodate the needs of all our patients, we must maintain some level of accountability. As well, missed appointments on your part do not allow for continuity of care and affects your ability to reach the goals as outlined by you and your physical therapist.

We appreciate the opportunity to provide your rehabilitation care. Thank you for your consideration of our staff and other patients who may need your appointment time.

I have reviewed and agree to comply with the above cancellation policy.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

**HIPAA PRIVACY AUTHORIZATION**

I, \_\_\_\_\_, give Active Life & Sports permission to share information with:

- Any member of my family
- These individuals: \_\_\_\_\_
- Do not speak with my family or friends about my healthcare unless I give you specific permission at a later time.

*This information may be sent to health care providers or health insurance companies protected by the federal privacy regulations, but also to the individual/s of your choice.*

Your information may be:

Transferred or utilized between the administrative and professional staff.

Transferred from Active Life & Sports to the billing contractor who handles our billing, has signed an agreement not to utilize your records other than those necessary to administer your insurance claim and pervade internal reports to Active Life & Sports.

You may refuse to sign this authorization and it will not affect your ability to obtain treatment. You may receive a copy of this authorization at the time of signing and/or revoke this authorization at any time by sending a written notification to the office.

\_\_\_\_\_  
Printed Name of Patient or Guardian

\_\_\_\_\_  
Signature of Patient or Guardian

\_\_\_\_\_  
Date